

Indigenous Health and other relevant resources – Santé autochtone et autres ressources pertinentes

All resources in English unless otherwise specified. For French versions, the links are provided. Some French only references are listed with their links. There are some links lead to French description but the reference may be in English only.

Toutes les ressources en anglais sauf indication contraire. Pour les versions françaises, les liens sont fournis. Quelques références en français sont listées avec leurs liens. Il y a quelques liens qui mènent à la description française, mais la référence peut être en anglais seulement.

Recommended Readings - Lectures Recommandées

Macaulay, AC. (2009) Improving Aboriginal Health: How can health professionals contribute? Canadian Family Physician, 55 (April 2009): 334- 336. Retrieved July 13, 2018 from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2668990/>

National Aboriginal Health Organization. 2008. Cultural Competency and Safety: A Guide for Health Care Administrators, Providers and Educators. Ottawa: Author. Combined English and French version. Retrieved July 26, 2018 from: <http://wayback.archive-it.org/9444/20171221170754/http://www.naho.ca/documents/naho/publications/culturalCompetency.pdf>

Loppie-Reading, C. and Wiens, F. 2009. Health disparities and social determinants of Aboriginal Peoples' Health. Prince George BC: National Collaborating Centre for Aboriginal Health. Retrieved July 13, 2018 from: <http://lfs-ubcfarm.sites.olt.ubc.ca/files/2018/02/Reading-C.L.-Wien-F.-2009.pdf>

United Nations Permanent Forum on Indigenous Issues. Indigenous peoples, Indigenous voices factsheet: who are indigenous peoples? Retrieved on July 12, 2018 from: www.un.org/esa/socdev/unpfii/documents/5session_factsheet1.pdf

Allan, B. and Smylie, J. (2015). First Peoples, second-class treatment: The role of racism in the health and well-being of Indigenous peoples in Canada. Toronto ON: the Wellesley Institute. Retrieved July 13, 2018 from: <http://www.wellesleyinstitute.com/publications/first-peoples-second-class-treatment/>

Chandler, MJ & Lalonde, CE. (1998) Cultural Continuity as a Hedge against Suicide in Canada's First Nations. Journal of Transcultural Psychiatry 35(2):193-211. Retrieved July 13, 2018 from: http://reviewboard.ca/upload/project_document/Chandler_and_Lalonde_1998_Paper_1265041839.PDF

Indigenous Health Committee and Office of Health Policy and Communications. 2019. Indigenous health values and principles statement and Indigenous Health Primer. Ottawa: The Royal College of Physicians and Surgeons of Canada. Retrieved Sept. 9, 2020 from: <http://www.royalcollege.ca/rcsite/health-policy/initiatives/indigenous-health-e>

Reading, J. & Halseth, R. (2013) Pathways to Improving Well-Being for Indigenous Peoples: How Living Conditions Decide Health. Prince George, BC: National Collaborating Centre for Aboriginal Health. Retrieved July 12, 2018 from: <https://www.ccsa-nccah.ca/docs/determinants/RPT-PathwaysWellBeing-Reading-Halseth-EN.pdf>

Wilson, D. et al. 2013. Health Professionals working with First Nations, Inuit and Métis consensus guideline. *J Obstet Gynaecol Can* 2013;35(6 eSuppl):S1–S52. This and other documents on Indigenous Women's health can be found at:

<https://sogc.org/en/about/what-we-do/indigenous-womens-health/en/content/about/indigenous-womens-health.aspx?hkey=e85746d2-eb7f-444b-a1c9-34748a448779>

Indigenous Health Working Group. 2015. Health and Health Care Implications of Systemic Racism on Indigenous Peoples in Canada factsheet. Toronto: College of Family Physicians of Canada. Retrieved July 12, 2018: http://www.cfpc.ca/uploadedFiles/Resources/PDFs/SystemicRacism_ENG.pdf

Gone, J. P. (2013). Redressing First Nations historical trauma: Theorizing mechanisms for indigenous culture as mental health treatment. *Transcultural Psychiatry*, 50(5), 683-706.

Bombay, A., Matheson, K. & Anisman, H. 2014. The intergenerational effects of Indian Residential Schools: Implications for the concept of historical trauma. *Transcult Psychiatry*. 2014 Jun; 51(3): 320–338. Retrieved July 13, 2018 from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4232330/>

National Collaborating Centre for Aboriginal Health. 2016. Transforming Our Realities: The Determinants of Health and Indigenous Peoples Proceedings Report. English link:

<https://www.ccsa-nccah.ca/docs/determinants/RPT-TransformingRealitiesSDOH-EN.pdf>

Centre de collaboration nationale de la santé autochtone. 2016. Transformer nos réalités: Les déterminants de la santé et les peuples autochtones – Rapport de synthèse. Français lien:

<https://www.ccsa-nccah.ca/docs/determinants/RPT-TransformingRealitiesSDOH-FR.pdf>

Greenwood, M, De Leeuw, S, Lindsay, NM and Reading C (Editors). 2015. Determinants of Indigenous peoples' health in Canada: beyond the social.

English link:

https://www.ccsa-nccah.ca/495/Determinants_of_Indigenous_Peoples_Health_In_Canada_Second_Edition_Beyond_the_Social.nccah?id=158

French link: https://www.ccsa-nccah.ca/525/Determinants_of_Indigenous_Peoples_Health_In_Canada_Second_Edition_Beyond_the_Social.nccah?id=158

https://www.ccsa-nccah.ca/525/Determinants_of_Indigenous_Peoples_Health_In_Canada_Second_Edition_Beyond_the_Social.nccah?id=158

From the National Collaborating Centre for Indigenous Health, [3 factsheets on racism:](#)

Understanding Racism by Charlotte Reading PhD,

https://www.nccih.ca/495/Understanding_racism.nccih?id=103

Indigenous Experiences with Racism and its Impacts by Samantha Loppie, Charlotte Reading & Sarah de Leeuw

https://www.nccih.ca/495/Indigenous_experiences_with_racism_and_its_impacts.nccih?id=131

Policies, programs and strategies to address anti-Indigenous racism: A Canadian Perspective by Charlotte Reading PhD

https://www.nccih.ca/495/Policies_programs_and_strategies_to_address_anti-Indigenous_racism_A_Canadian_perspective.nccih?id=132

Websites - Sites Internet

University of Ottawa **These links are broken, but maybe still on SIM site somewhere else**

The Health of Indigenous Peoples in Canada SIM website

Link: http://www.med.uottawa.ca/SIM/data/Vul_Indigenous_e.htm#intro

La santé des peuples autochtones du Canada SIM site internet:

http://www.med.uottawa.ca/SIM/data/Vul_Autochtone_f.htm#intro

Primary health care in Canada

http://www.med.uottawa.ca/SIM/data/Serv_System_HCare_e.htm#primary_care

Community Health Centres - Centres de santé communautaires

http://www.med.uottawa.ca/SIM/data/Serv_System_HCare_e.htm#CHCs

National Centre for Truth and Reconciliation website - Site Web du Centre national pour la vérité et la réconciliation

English link: <https://nctr.ca/map.php>

French link: <https://nctr.ca/fr/map.php>

Truth and Reconciliation Commission of Canada. Collection of TRC final report, other reports including Calls to Action and related documents.

English link: <https://nctr.ca/reports2.php>

Commission de vérité et réconciliation (CVR). Rapports de la Vérité et la Réconciliation.

French link: <https://nctr.ca/fr/reports2.php>

Truth and Reconciliation Commission of Canada. 2015. Honouring the Truth, Reconciling for the Future: Summary of the Final Report of the Truth and Reconciliation of Canada. Retrieved on Sept. 9, 2020 from:

http://www.trc.ca/assets/pdf/Honouring_the_Truth_Reconciling_for_the_Future_July_23_2015.pdf

National Centre for Truth and Reconciliation - video resources

https://nctr.ca/scripts/mwimain.dll/144/DESCRIPTION/MD_SUMMARY?SESSIONSEARCH&EXP=VIMS_VI_DEO%20MD

Centre national pour la vérité et la réconciliation – Déclarations et vidéos

French link: <https://nctr.ca/fr/archives-pages.php#statements>

National Collaborating Centre for Aboriginal Health website - Site Web du Centre de collaboration nationale de la santé autochtone

National Collaborating Centre for Aboriginal Health – Knowledge resources and publications. Retrieved July 13, 2018 from: https://www.ccsa-nccah.ca/34/Publication_Search.nccah

Centre de Collaboration nationale de la santé autochtone – Bases des connaissances et publications.
https://www.ccsa-nccah.ca/524/Recherche_de_publication.nccah

On-line Training - La formation en ligne

Southwestern Ontario Aboriginal Health Access Centre. Ontario Indigenous Cultural Safety Training
Link: <https://soahac.on.ca/ics-training/>

Info on French version: <https://soahac.on.ca/wp-content/uploads/2020/05/Ontario-ICS-One-pager-F11-FR.pdf>

Books (all available at uOttawa library, some in electronic format) - Livres (tous disponibles à la bibliothèque de l'Université d'Ottawa, certains en format électronique)

Fiction/Biography - Fiction / Biographie

Halfbreed – by Maria Campbell

The Reason You Walk – by Waub Kinew

Bearskin Diary – by Carol Daniels

Indian Horse – by Richard Wagamese

Midnight Sweatlodge – by Waubgeshig Rice

Passage – by Gwen Benaway

They Called Me Number One – by Bev Sellars

A Two-Spirit Journey: The Autobiography of a Lesbian Ojibwa-Cree Elder – by Ma-Nee Chacaby

Non-Fiction – Non-Fiction

The winter we danced: voices from the past, the future, and the Idle No More movement – by Kino-nda-niimi Collective

Moving Aboriginal Health Forward: Discarding Canada's legal barriers – by Yvonne Boyer

The Inconvenient Indian: A Curious Account of Native People in North America – by Thomas King

Medicine unbundled: a journey through the minefields of Indigenous health care – by Gary Geddes

Separate beds: a history of Indian hospitals in Canada, 1920s-1980s – by Maureen Lux

Healing histories: stories from Canada's Indian hospitals – by Laurie Meijer Drees

Administering Colonial Science: Nutrition Research and Human Biomedical Experimentation in Aboriginal Communities and Residential Schools, 1942–1952 – by Ian Mosby

Clearing the Plains: Disease, politics of starvation, and the loss of Aboriginal life – by James W. Daschuk

Seven Fallen Feathers – by Tanya Talaga

From the Ashes: My Story of Being Métis, Homeless, and Finding My Way – by Jesse Thistle

Indigenous Writes – by Chelsea Vowel

21 Things you may not know about the Indian Act: Helping Canadians make reconciliation with Indigenous Peoples a reality – by Bob Joseph

Documentaries - Documentaires

Nîpawistamâsowin: We Will Stand Up

The death of a young Cree man, Colten Boushie captures international attention and raises disturbing questions about racism in Canada's legal system.

<https://www.cbc.ca/cbcdocspov/episodes/nipawistamasowin-we-will-stand-up>

Birth of a Family

Sixties Scoop: three sisters and a brother, adopted as infants into separate families across North America, meet together for the first time

<https://www.cbc.ca/cbcdocspov/episodes/birth-of-a-family>

Angry Inuk

The film interweaves the reality of Inuit life with the story of their challenge to both the anti-sealing industry and those nations that mine resources on Inuit lands

<https://www.cbc.ca/cbcdocspov/episodes/angry-inuk>

The Pass System

*Available at the uOttawa Library

This powerful film draws from Elders' memories and historical artifacts in order to detail the history of The Pass System – yet another example of the regulation and control of Indigenous people through colonial policies created by the Canadian State

<http://thepasssystem.ca/>

This River

MMIWG: This short documentary offers an Indigenous perspective on the devastating experience of searching for a loved one who has disappeared.

https://www.nfb.ca/film/this_river/

We Were Children

The profound impact of the Canadian government's residential school system is conveyed through the eyes of two children who were forced to face hardships beyond their years

https://www.nfb.ca/film/we_were_children/

Colonization Road

Ryan McMahon travels across Ontario learning about Colonization Roads, the ways in which they have dispossessed Indigenous people of land and access to traditional territories while creating space for settlers in the colonial experiment that has become Canada.

<http://www.cbc.ca/firsthand/episodes/colonization-road>

The Oka Legacy

A POV documentary that explores how the Oka Crisis has transformed contemporary Indigenous identity in Canada.

<http://www.cbc.ca/firsthand/episodes/the-oka-legacy>

The Invisible nation.

Richard Desjardins and Robert Monderie tell the story of the Algonquin Nation of Quebec and denounce their current living conditions.

https://www.nfb.ca/film/invisible_nation/

Le peuple invisible

Richard Desjardins et Robert Monderie, raconte l'histoire de la nation algonquine du Québec et dénonce ses conditions de vie actuelle.

<https://www.youtube.com/watch?v=mqFcre78How>

De remarquables oubliés - Les Premières Nations (in French only)

De remarquables oubliés, ce sont des portraits de personnages surprenants, mais maltraités par l'histoire. Raconter leurs vies, c'est voir notre passé autrement. Dans cette série, Serge Bouchard raconte à sa manière la vie de ceux et celles qui ont fait l'Amérique. Les épisodes colligés ici s'attardent à la vie d'Amérindiens importants

<https://ici.radio-canada.ca/premiere/premiereplus/histoire/4599/de-remarquables-oublies---les-premieres-nations>

We are Métis. Short documentary by Kikino Metis Children and Family Services Society.

<https://www.youtube.com/watch?v=6bEGwt-Ghpo>

Richard Cardinal: Cry from the diary of a Métis child

https://www.nfb.ca/film/richard_cardinal/

History of the Métis Jig Dance

<https://www.youtube.com/watch?v=LknTxKuH1k>

Missing and Murdered Indigenous Women and Girls (MMIWG)

KAIROS resource MMIWG

<https://www.kairoscanada.org/missing-murdered-indigenous-women-girls/films>

Movies – Les films

Indian Horse – based on novel by Richard Wagamese, directed by Stephen S. Campanelli – movie trailer:

<https://www.youtube.com/watch?v=02cyFlnvA4s>

French: Cheval indien – bande annonce:

https://www.youtube.com/watch?v=y0J_XsRGRBg

Third World Canada

<http://www.thirdworldcanada.ca/3rd-world-canada-the-movie>

The Necessities of Life

<https://www.youtube.com/watch?v=xiaO8fDVnKc>

French: Ce qu'il faut pour vivre

<http://www.filmquebec.com/films/ce-quil-faut-pour-vivre-benoit-pilon/>

Atanarjuat: The Fast Runner (Inuktitut with English subtitles)

https://www.youtube.com/watch?v=T_2mcgvPno

The Snow Walker

<https://www.youtube.com/watch?v=kM0ZZkyAGyc>

The Grizzlies (trailer)

https://www.youtube.com/watch?v=Y4eu9Rf_3Ao

TV and Videos - TV et vidéos

The 8th Fire - 4 episode series

https://www.cbc.ca/firsthand/m_blog/8th-fire-wabs-walk-through-history

French link: <https://ici.tou.tv/8e-feu-les-autochtones-et-le-canada> (broken link, web page archived)

NFB Indigenous Voices and Reconciliation Channel

https://www.nfb.ca/channels/edu_home_indigenous_voices_reconciliation_en/

French link: https://www.onf.ca/chaines/edu_home_voix_autochtones_reconciliation_fr/

Legacy of Hope Foundation videos

- Where are the Children? Healing the legacy of Residential Schools
- We were so far away - The Inuit experience of Residential Schools
- Other videos including survivor testimonials

http://legacyofhope.ca/en_ca/english/education/videos/

Strong Medicine

Strong Medicine is an educational video developed by the Canadian Aboriginal AIDS Network and CATIE, with and for Indigenous people living with HIV.

<http://www.catie.ca/en/strong-medicine>

French link: <http://www.catie.ca/fr/remede-puissant>

CBC Short docs:

Through our eyes: Indigenous short docs

<https://watch.cbc.ca/category/through-our-eyes-indigenous-short-docs/featured-all/49e1596f-58c9-423f-9799-486ddedec3b4>

Three recommended short docs to see – trois docs courts recommandés pour voir:

Twilight Dancers

A group of Indigenous teenagers from Pimicikamak Cree Nation use square dancing to help heal from the trauma of a suicide epidemic in their small, remote community.

<https://watch.cbc.ca/media/media/short-docs/twilight-dancers/38e815a-00d32f6c0d8>

Run as One: The Journey of the Front Runners

In 1967 ten Indigenous athletes ran the Pan Am Games torch from Minneapolis to Winnipeg. Just before they entered the opening ceremonies, the torch was handed to a white athlete.

<https://watch.cbc.ca/media/media/short-docs/run-as-one-the-journey-of-the-front-runners/38e815a-00dd726cd45>

This River

Kyle Kematch's sister went missing 5 years ago. Katherena Vermette's brother disappeared 20 years ago. Their stories exemplify the grace, resilience, and activism born from need to do something.

<https://watch.cbc.ca/media/media/short-docs/this-river/38e815a-00b30c3cc6d>

Other short documentaries available:

<https://watch.cbc.ca/category/through-our-eyes-indigenous-short-docs/featured-all/49e1596f-58c9-423f-9799-486ddedec3b4>

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July 27, 2018

Revised Sept. 9, 2020 and October 13, 2020