



**JAN CHRISTILAW, MD
FRCSC, MSc**

Dr. Christilaw was President of BC Women's Hospital 2008-2017, and has more than 25 years of experience advancing women's health in BC and globally. Dr. Christilaw has been President of the Society of Obstetricians and Gynecologists Canada (SOGC); UBC Clinical Professor; Expert Advisor, Canadian Institute for Health Information on Maternity; Founding Chair, Aboriginal Maternity Committee; and Chair, BC Consensus Panel on Caesarian Birth, all while delivering thousands of babies in BC. Dr. Christilaw has trained and mentored hundreds of health professionals globally, including establishing emergency obstetrical training in Africa. She is the co-author of the SOO course and board member of CNIS, and has taught SOO in Uganda, Tanzania and Ethiopia.



**Rebeca Rivera , MD
FRCSC**

Dr. Rebeca Rivera works as a General Obstetrician Gynecologist at Richmond Hospital, British Columbia, and is a Clinical Faculty Instructor for the Department of Obstetrics and Gynecology at UBC. She attended medical

school and residency at the University of British Columbia, which is where she first became a member of CNIS. Rebeca became a certified FIRST instructor and volunteered with CNIS in Tanzania in 2014. She is also an ALARM/AIP instructor with the SOGC, most recently in El Salvador, her country of origin.

Contact Us

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Our Work

Since 1995, the CNIS has worked towards improving surgical care in low-income countries, particularly in Africa. Its 4 program areas include:

- Structured Surgical and Obstetrical Training
- Injury Control
- Surgical and Obstetrical Information
- Public Engagement in Canada

Our Vision

To work to empower low-income countries to create an environment where the risk for injuries is minimal and where all people receive adequate obstetrical and surgical care.

Accreditation

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of The Royal College of Physicians & Surgeons of Canada, and is approved by UBC CPD on 11/03/2014 and expires 03/2017. Remember to visit MAINPORT to record your learning and outcomes. You may claim a maximum of 6.5 hours (credits are automatically calculated).

Accredited by UBC CPD



Canadian Network for
International Surgery

Sharing Skills. Saving Lives.

**SOO™
Structured Operative
Obstetrics**

**INSTRUCTOR'S
COURSE**

DATE

Wednesday, January 17, 2018
8:00 AM - 5:00 PM

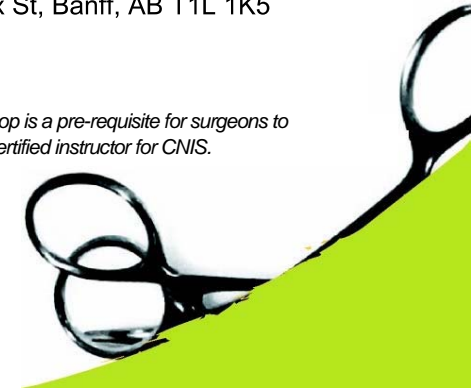
INSTRUCTORS

Dr. Jan Christilaw
Dr. Rebeca Rivera

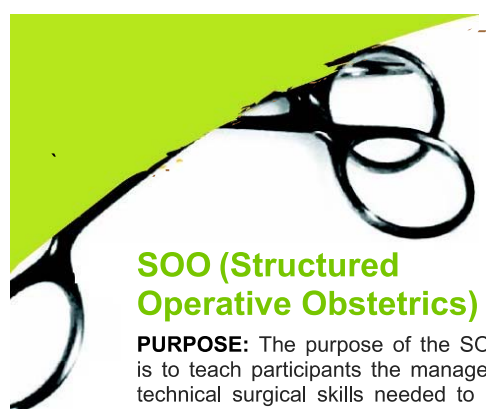
VENUE

Banff Park Lodge Resort Hotel &
Conference Centre
222 Lynx St, Banff, AB T1L 1K5

This workshop is a pre-requisite for surgeons to become a certified instructor for CNIS.



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SOO (Structured Operative Obstetrics)

PURPOSE: The purpose of the SOO course is to teach participants the management and technical surgical skills needed to perform a Caesarean section and other operative obstetric skills. The objective of the instructor's course is to offer C-section providers the pedagogic skills to participate in CNIS-lead SOO courses in Africa. The SOO provider's course is described below.

BACKGROUND: One of the principle reasons for high maternal mortality and morbidity in sub-Saharan Africa is the lack of skilled birth attendants and limited access to Caesarian sections. African practitioners are frequently called upon to provide services at early points in their careers. The provider's course brings the concept of structured operative learning to obstetrical training. The goal is to accelerate surgical proficiency. The SOO course was successfully implemented in Uganda, Rwanda, Ethiopia and Tanzania.

METHODS: The SOO course is designed to be participant-centred, problem-based and clinically relevant. It has been modified to meet the needs of the African partners. Currently, it consists of 3 main components: 12 lecture series, 7 laboratory sessions and a clinical practicum. The interactive lectures include reviews of basic topics in obstetrical and surgical care using adult learning concepts. There is also a lecture on Obstetrical Anesthesia. In the laboratory sessions, learners practice basic surgical techniques (suturing and knot-tying), vaginal delivery skills (post-partum hemorrhage, retained placenta, cervical laceration, vacuum extraction) and Caesarean section skills (skin-to-skin simulation using models). In the practicum, learners perform 6 C-sections.

OBJECTIVE: The provider's course is designed to assure skills in junior doctors and non-physician clinical associates who provide these services in rural Africa.

TARGET: SOO have been updated; therefore, previously certified SOO instructors, specialist obstetricians, PG3 residents and General Practitioners who provide C-section services are encouraged to attend.

COURSE SCHEDULE

Wednesday, January 17, 2018

8:00 AM – 5:00 PM

- 8:00 Registration and Breakfast
- 8:15 Introduction to CNIS and SOO
Introduction of Participants
- 8:30 Lectures Day 1
Faculty
Practicum 1:
Fundamental Skills Session
- 9:30 Lecture Assignment and Preparation
- 9:45 Break
- 10:00 Practice of Interactive Lectures
Day 2 and Day 3
Participants
- 12:00 **LUNCH BREAK**
- 12:30 Practicum 2:
Operative Vaginal Skills
- 1:45 Caesarian Section Technique
Discussion and Video
- 2:45 **HEALTH BREAK**
- 3:00 Practicum 3:
Caesarean Session Skills
- 3:45 Practicum 4:
Conducting the Clinical Teaching
Question and Answer Session
- 4:15 Evaluation, Certification and
Photo Session
- 5:00 Closure

REGISTRATION

Online registration: www.cnis.ca

OR

Call: 604-739-4708

COURSE FEE*

Practicing Specialists

Regular: \$400

CNIS Members: \$300

Retired Specialist, Teaching Fellows/
Residents

Regular: \$325

CNIS Members: \$275

* Instructor's manual, refreshments and continental Breakfast, lunch are included in the course fee.

LOCATION

Banff Park Lodge Resort Hotel &
Conference Centre
222 Lynx St, Banff, AB T1L 1K5

