

TONGUE TIES DEMYSTIFIED

While most breastfeeding problems can be managed effectively by a Lactation consultant, situations arise where infant and/or mother's symptoms (poor weight gain, nipple pain/damage/infections, supply issues) can be explained by a tongue or lip tie. I will explain effective diagnostic strategies and in-office surgical interventions to address these issues.

1. Define ankyloglossia, Frenotomy and various types of tongue ties
2. Identify the role of tongue ties in the breastfeeding dyad
3. Evaluate infants for a tongue tie using an assessment tool
4. Formulate an appropriate management plan
5. Perform a simple in office frenotomy