

### MEDICAL CANNABANOIDS IN PRIMARY CARE

This talk will enable the health care provider to better understand the potential benefits (and harms) of medical cannabinoids. Information gained in this session will allow for the practitioner to have an evidence informed conversation with their patients who are inquiring about cannabinoids. This talk will review the recently published “Simplified Guideline for Prescribing Medical Cannabinoids in Primary Care” which highlight the best evidence of potential benefit (and potential harms) of using cannabinoids in treating medical conditions such as: • Neuropathic pain • Nausea and Vomiting • Spasticity We will also review: • Commonly experienced adverse effects seen in cannabinoid trials • Types of MC products available

1. Understand the evidence for using medical cannabinoids in primary care 2. Understand the potential harms of using medical cannabinoids 3. Understand the potential role and when to consider using medical cannabinoids in primary care