

### CAREERS FOR RURAL SURGERY FOR FAMILY PHYSICIANS

There are 2 cohorts of rural Family Physicians who provide surgery- those with a broad scope of practice that includes hernias, appendices, etc and those who provide only Caesarean Section. The decision by the CFPC to elevate the training for these physicians to Category 1, on a par with Family Practice Anaesthesia, and to award a CAC, has opened new career paths for rural Family Physicians. This workshop will describe those career paths, from the training programs to a description of the rural practice context in which we work.

1. Participants will learn the significance of a CAC in ESS for rural Family Physicians
2. Participants will learn the significant details of the Canadian ESS training programs
3. Participants will learn about, and have the opportunity to question, the context of their future rural surgical practices

## Generalist Rural FP's and Enhanced Surgical Skills

2 Broad Categories

- ESS (broad scope of surgical practice)
  - small communities, approx 6-10K
  - these are generalist *surgeons*
- ESS-OB (OSS)( Cesarean Section skills)
  - up to 25,000 pop
  - these are generalist *obstetricians*

## ESS

- Endoscopy, appendectomy, hernia repair, C/S, tonsillectomy, carpal tunnel

<https://canjsurg.ca/wp-content/uploads/2015/11/58-6-419.pdf>

- Approx 50 rural FP's with ESS in the North and western Canada

[http://epe.lac-bac.gc.ca/100/201/300/cdn\\_medical\\_association/jrm/vol-4/issue-4/0227.htm](http://epe.lac-bac.gc.ca/100/201/300/cdn_medical_association/jrm/vol-4/issue-4/0227.htm)

## ESS Training

- 12 months at the U of S ( Prince Albert)
- 16 graduates over a decade ( usually 2/year)
- New program at U of A ( Fort McMurray)
- **Certificate of Added Competence ( CAC),**  
Category 1 status ( like GPA) *in process*

## ESS – OB(OSS)

- Cesarean Section, Perineal Repairs, Post Partum Hemorrhage
- ( *A Competency-Based Curriculum for Training Rural Family Physicians in Operative Delivery J Obstet Gynaecol Can 2017;39(6):474-477* )
- Approx 100 rural FP's with ESS-OB in the North, western Canada, northern Ontario

## ESS-OB Training

- 6 months at several of Canada's medical schools ( NOSM, U of M, U of A, UBC)
- **Certificate of Added Competence (CAC) in process**

## PRIVILEGING

**Problematic** because

1. Training programs not accredited at a high level leading to skepticism by specialist surgeons and Health Authorities
2. Lack of collaborative relationships between ESS and specialist surgeons

## Relationships with General Surgeons

- Joint Position Paper on Rural Surgery and Operative Delivery

<https://www.srpc.ca/PDF/cjrm/vol20n4/pg129.pdf>

- Network Models of Rural Surgery Care

<http://ess.rccbc.ca/wp-content/uploads/sites/5/2016/10/Rural-Surgery-Operative-Delivery-and-Trauma-Response-Networks-2-page-Summary.pdf>

## Relationships with Obstetricians

- Better relationships than with Surgeons
- New Joint Task Force ( SRPC and CAGS) to investigate how to support rural maternity care from both organizations

