

GI FOR THE GP

Overview: In this session, we will focus on reviewing clinically relevant and common areas of gastrointestinal medicine seen in primary care. Potential topics reviewed could include (but are not limited to): • Gastroesophageal reflux disease (diagnosis and therapies), • Gastroprotection (who needs it and how to do it) • Proton Pump Inhibitors: benefits and potential adverse events • Barrett's esophagitis (who to screen, how often and how) • Celiac Disease • All plugged up (evidence based approach to constipation) • Irritable bowel syndrome dietary treatments, • C. difficile: risk factors, diagnosis and treatment (including fecal microbiota transplant) • Colorectal Cancer Screening evidence and guidelines • New tests in GI medicine: FIT, fecal calprotectin

1. To review the evidence pertaining to the diagnosis, treatment and prognosis of common gastrointestinal symptoms or conditions seen in primary care 2. To understand the potential benefits and harms of medications commonly used in treating GI conditions 3. To review current colorectal cancer screening guideline 4. Review rural Family Physicians' ability to perform endoscopy