


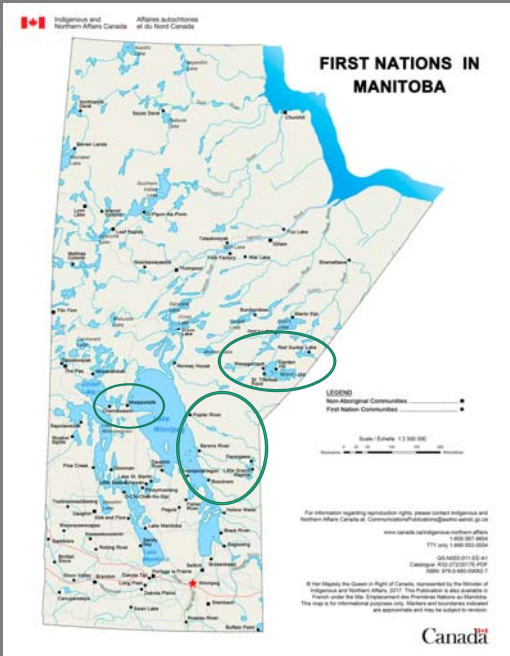
**TURTH AND RECONCILIATION  
94 CALLS TO ACTION  
WORKSHOP**  
React and respond!

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Ongomazwiin Health Services, University of  
Manitoba

CPDC HALIFAX APRIL 4 2019

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Ongomizwiin Health Services (OHS)  
University of Manitoba  
Remote fly in communities served

**FIRST NATIONS IN MANITOBA**

Indigenous and Northern Affairs Canada / Affaires autochtones et du Nord Canada

Scale: 1:500,000

For information regarding reproduction rights, please contact Indigenous and Northern Affairs Canada at: Communications@indaff.gc.ca or 1-800-961-9600. TTY only: 1-800-961-9600. Catalogue #12-72/2018 and ISBN: 978-0-960-99002-7

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Canada

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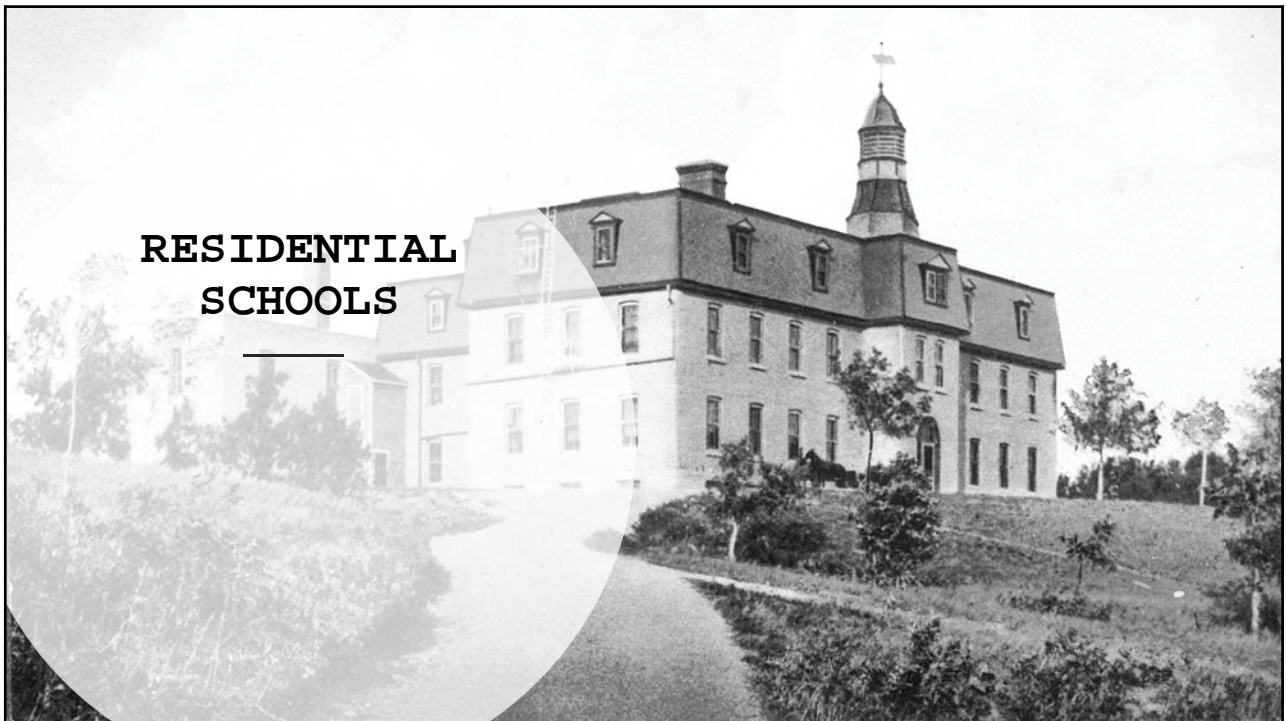
## WORKSHOP OVERVIEW...

1. Historical review
2. Achievements
  1. Policy, system
  2. Organizational
  3. Patient/primary care
3. Remaining GAPS
4. Role primary care and our response as family MD



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## RESIDENTIAL SCHOOLS



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## CALLS TO ACTION 18-24: HEALTH

18 Recognize and implement health care RIGHTS of Indigenous Peoples

19 Identify and close the GAPS in health outcomes between Indigenous and non-Indigenous communities

20 Recognize, respect, and address the DISTINCT HEALTH NEEDS of the Metis, Inuit and off-reserve Aboriginal peoples.



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## CALLS TO ACTION 18-24: HEALTH



21 Provide SUSTAINABLE FUNDING for Indigenous Health Centers

22 Recognize TRADITIONAL HEALING practices and the importance/relevance for Indigenous patients

23 Increase number of INDIGENOUS PROFESSIONALS working in health care field

24 Require all health professionals to take

8

## SYSTEM/POLICY LEVEL ACHIEVEMENTS..

### FEDERAL GOVERNMENT

- Escort policy expanded:
  - woman to travel with breast feeding infants
  - Partners to attend deliveries
- MKO funding to bridge gaps in primary care
- Jordan's Principal funding
- Mental health funding
- CIUP focused funding



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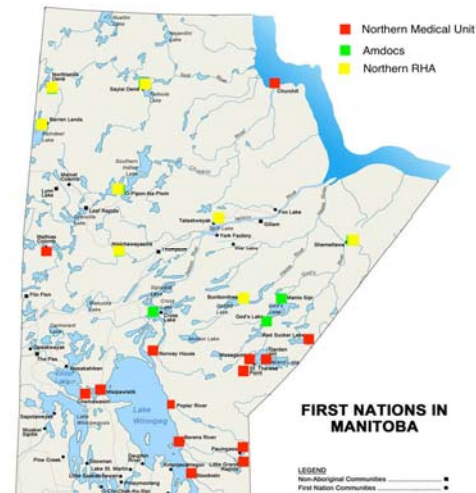


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## SYSTEM/POLICY LEVEL ACHIEVEMENTS..

### PROVINCIAL GOVERNMENT

- Examining how to increase access and close gaps through Shared Health transformation process - in progress
- Dr. Peachy identified 32 physician/NP short in rural MB, not including northern isolated communities




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## PROVINCIAL POLICY CHANGES...

What are the impact for provincial policy changes in your area?

12



First Nations Health Authority  
Health through wellness


# BC FIRST NATIONS HEALTH AUTHORITY

**Indigenous approaches to health and wellness leadership: A BC First Nations perspective**

Gallagher, J.

2019 Healthcare Management Forum 32 (1), pp 5-10

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Alberta Health Services

# ADVANCING INDIGENOUS PRIMARY HEALTH CARE POLICY IN ALBERTA

Henderson, R. Montesanti, S. Crowshoe, L. Leduc, C.

2018 Health Policy, 122 (6), pp 638-644



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## ORGANIZATIONAL LEVEL ACHIEVEMENTS...

### UNIVERSITY OF MANITOBA

- Ongomizwiin Institute
- Enhanced admissions practices all colleges Faculty Health Sciences
- Northern remote family medicine Residency stream
- NJM Library Indigenous collection

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Winnipeg Regional Health Authority  
**Indigenous Health**

Winnipeg Regional  
 Health Authority

#### PATIENT RESOURCES

- Translators
- Support and advocates for patients
- Spiritual and cultural care

#### CULTURAL SAFETY TRAINING

- Online and in person Indigenous Cultural Awareness Workshops
- Palliative care: End of life issues
- Any many other courses...

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**LOCAL ORGANIZATION CHANGES...**

What are local organizations in your area doing to respond to calls to health in TRC?

17

**"All my relations": experiences and perceptions of Indigenous patients connecting with Indigenous Elders in an inner city primary care partnership for mental health and well-being**  
 (2018) *CMHJ*, 19(1-20). Pp E608-615  
 Hadjipavlou, G. Varcoe, C. Tu, D. Dehoney, J. etc...

18

## PRIMARY CARE REMAINING GAPS



- One in five Indigenous patients travels more than 250 km for treatment
- 35 % Indigenous patients have a primary care provider
- Increased rates chronic disease, infectious disease
- Travel policy
- NIHB

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## PRIMARY CARE

ADVOCACY

CULTURAL SAFE CARE

TRAUMA INFORMED CARE

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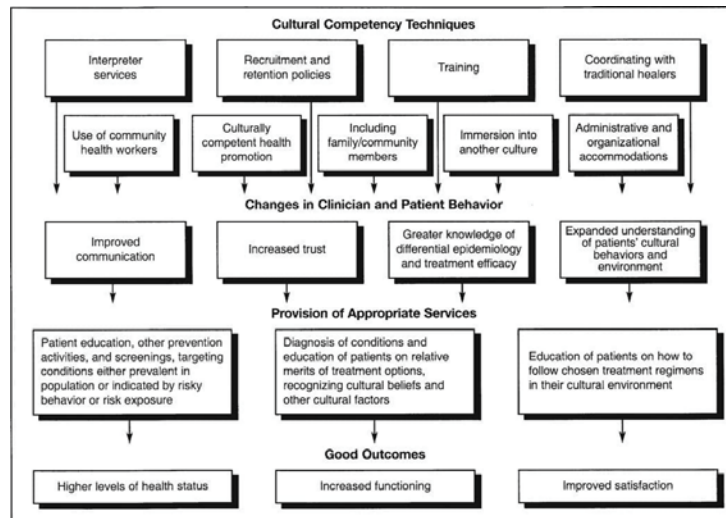
# ADVOCACY

1. Time
2. Structural knowledge
3. Share system 'work arounds'
4. Teamwork
5. Maximize visit for patient



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# CULTURAL SAFETY



22





# CULTURAL SAFETY



Winnipeg Regional Health Authority  
**Indigenous Health**



- Indigenous Cultural Awareness Workshop
- Indigenous Traditional Teachings Workshop
- Indigenous Sweat Lodge Teaching Workshop
- Palliative Care: Indigenous Perspectives On End Of Life
- Indigenous Retention for Managers
- Indigenous Health Policy

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## TRAUMA INFORMED CARE

Shift think .....  
*'What is wrong with you'*

to

*'What happened to you to cause your actions?'*



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## TRAUMA INFORMED CARE

870 Portage  
 avenue  
<http://klinik.mb.ca/>

**Trauma-Informed Care Workshop (1/2 day)**  
 This introductory half-day workshop explores what trauma is, the principles of Trauma Informed Care and how to integrate a trauma-informed perspective into our everyday interactions. Included in the session are mindfulness practices and the opportunity for self-reflection.

This workshop is geared for service providers, students, front line staff, clinicians, management and anyone else who is interested in incorporating the principles of Trauma Informed Care.

At Klinik  
 Pre-registration is required  
 Cost: \$50.00

Dates:  
 October 16, 2018 Session time: 1:00 to 4:00PM  
 December 4, 2018 Session time: 1:00 to 4:00PM  
 February 19, 2019 Session time: 9:00AM to 12:00PM  
 May 28, 2019 Session times: 1:00 to 4:00PM

Schedule is subject to change.  
 Online Registration - [CLICK HERE](#)  
 Registration questions? Contact Leslie Debrezen by email or phone at (204) 784-4206.

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Is there  
training for  
Trauma  
Informed Care  
in your area?



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**APPLICATION + ACT**  
TRC READING GUIDE FOR NON-INDIGENOUS  
ORGANIZATIONS



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## Resources you use??

TRC?

Reconciliation?

Application and action on 94 calls to action?



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## QUESTIONS???



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