



Society of Rural Physicians of Canada
27TH ANNUAL RURAL AND REMOTE MEDICINE COURSE
Halifax Nova Scotia • Halifax Convention Centre
APRIL 4 - 6, 2019

Dr. Mike Allan Dr. Tina Korownyk

SESSION 330

PEER's Medical Cannabinoid Guideline: Doobie-ous Evidence or Smokin' Results

In this session, we will review the primary care prescribing guideline for medical cannabinoids. We will start with the review of challenges present in the medical literature around cannabinoids. We will then focus on four conditions for which there is reasonable evidence of potential benefit: neuropathic pain, cancer pain nausea and vomiting from chemotherapy and spasticity. We will reflect on the recommendations from the guideline, with a discussion of specific prescribing such as dosing and cost. We will leave the participants with some discussion tools and potential resources to address patients considering medical cannabinoids.

1. Understand the limitations and challenges of evidence for medical cannabinoids.
2. Describe the typical benefits for the key medical conditions (neuropathic pain, cancer pain, nausea/vomiting post chemotherapy, and spasticity) for which there is adequate evidence and explain the side-effects common to medical cannabinoids.
3. Learn and apply the key recommendations from the medical cannabinoid guideline.