



SESSION 262

Understanding the Link Between Culture & Care: Sharing Knowledge about Indigenous Children & Pain

Indigenous children experience high rates of pain that can interfere with healthy development and wellbeing. This pain experience is believed to be a lingering effect of the historical trauma and colonization efforts that were tragically thrust on Indigenous people globally. Physical, emotional, mental and spiritual pain continue to exist for young people but there are few resources and mechanisms to assist in addressing the hurt. The Aboriginal Children's Hurt & Healing (ACHH) Initiative is a Two-eyed seeing, community-based approach lead by an Indigenous and Western team with the objective to better understand how to reduce the hurt and improve overall child and youth wellbeing. The presentation will consist of content related to the history, geography and historical events that impact Indigenous Peoples health as well as the results and ongoing impact of the project's implementation. Content related to culturally-safe care for Indigenous Peoples will be shared.

1. Acquire knowledge about the Indigenous people who live in Canada, where they live and important historical events that have affected their health and wellbeing.
2. Understand the current day impact of historical injustices such as the Residential Schools on Indigenous Peoples health status and health seeking behaviour.
3. Understand the structural determinants as well as the dimensions of health (emotional, physical, mental, and spiritual) and why this is important to know when working with Indigenous people.
4. Increase awareness of ways to create a culturally safe space when engaging Indigenous people as partners in health care.