



Society of Rural Physicians of Canada  
27TH ANNUAL RURAL AND REMOTE MEDICINE COURSE  
Halifax Nova Scotia • Halifax Convention Centre  
APRIL 4 - 6, 2019

Dr. Peter Miles Dr. Lauren Smithson Dr. Roy Kirkpatrick

SESSION 141

## Surgical Pearls for ESS

This workshop will be offered by 3 General Surgeons from CAGS Rural Committee. They have been invited to present a clinical update/ pearls on surgical issues relevant to the practice of ESS. These topics include the management of a bowel obstruction, endoscopy pearls, and more. Attendees are encouraged to bring their clinical questions on topics related to their rural practices.

A review of the Canadian Association of Gastroenterologists (CAG) endoscopy screening guidelines for the general population and at-risk populations. Managing polyps and what to do with the a) difficult patient b) difficult colon c) difficult polyp and d) difficult interval determination. Determining need for upper endoscopy and what to do with various pathologies, including polyps, H. pylori, and hiatal hernias.

1. Identify the screening intervals for colonoscopy.
2. Determine the resectability of colon polyps.
3. Manage the difficult colon or difficult polyp.
4. Know when to refer a patient with colonoscopy.
5. Understand upper GI screening guidelines.
6. Manage follow-up for gastric polyps, H. pylori, and other mucosal pathology.
7. Understand and apply the step up and step down approach to reflux management.