



Society of Rural Physicians of Canada
27TH ANNUAL RURAL AND REMOTE MEDICINE COURSE
Halifax Nova Scotia • Halifax Convention Centre
APRIL 4 - 6, 2019

Dr. Gerard MacDonald

SESSION 129

The Microbiome: We Are Not Alone

A general interest talk on one of the hottest topics in biology today and its implication for patient care. A brief overview of the history of how we got here, and how this may change the paradigm on how we may manage conditions such as obesity, diabetes, bowel disorders, allergies, malignancies, and pregnancies, as looking at what the literature has to say about probiotics.

1. An introduction to our current understanding of the Human Microbiome.
2. Review current evidence based research and role of Human Microbiome in managing health and disease now and in the future.