



SESSION 107

SBI(R)T for Alcohol Use Disorder

Screening, brief intervention, and referral for treatment is a paradigm of care to identify patients along a spectrum of alcohol use from those at risk of harm to those already suffering from a severe use disorder. Using a motivational interviewing framework, patients at risk of harm are provided with information in keeping with their stage of change. Those patients identified with a moderate to severe use disorder were typically referred for treatment. However, medical alcohol treatment is difficult to access, and the medications used for treatment are easy to prescribe and monitor by the family physician. Use of various screening strategies, how to provide feedback and how to prescribe anti-craving medications will be discussed.

1. Effectively and efficiently apply screening techniques for alcohol use disorder.
2. Provide feedback and information regarding alcohol use, respecting the patient's stage of change.
3. offer appropriate medical therapy for treatment of moderate to severe alcohol use disorder.