



**MARK HARDY**  
MD, MSc, FRCSC

From his native England, Westminster Medical School graduate, Dr. Hardy, came to Canada in 1979 and trained in General Surgery at the University of Ottawa. He did his surgical oncology fellowship at M.D.

Anderson Hospital in Houston, Texas before returning as a staff to the University of Ottawa in 1988. In 1993, Dr. Hardy completed his master's degree at Harvard School of Public Health. Since 2007, he has gone to East Africa and Central America twice a year with a number of different NGOs. In 2009, he took CNIS' ESS course and began teaching ESS in Africa with Dr. Lett that same year. In 2010, Dr. Hardy took the Structured Hernia Repair course and has since taught it in Uganda.



**RONALD LETT**  
MD, MSc, FRCSC, FCS (ECSA)

CEO of the Canadian Network for International Surgery (CNIS), Dr. Lett, did his undergraduate medical training and post graduate surgical training at the University of Alberta. He completed his Masters in Injury

Epidemiology at McGill. In 1996, he co-founded the Injury Control Centre – Uganda (ICC-U), the first lead agency for injury control in sub-Saharan Africa and the Injury Prevention Initiative for Africa (1997), a 10-country network. In 2000, he participated in the establishment of the African Canadian Committee for Essential Surgical Skills (ACCESS). Currently, he is President and International Director of CNIS.

### CONTACT US

To register online, please visit [www.cnis.ca](http://www.cnis.ca) or contact Vimi Sian, CNIS Office Manager:

PHONE.....(604)739-4708  
TOLL FREE.....1(877)739-4708  
FAX.....(604)739-4788  
EMAIL.....office@cnis.ca

### OUR WORK

Since 1995, the CNIS has worked towards improving surgical care in low-resource communities, particularly in Africa. Its four program areas include:

1. Structured Surgical Training Courses
2. Injury Prevention Programs
3. Information Transfer Strategies
4. Public Engagement Events in Canada

### OUR VISION

To work to empower low-income countries to create an environment where the risk for injuries is minimal and where all people receive adequate surgical care.

13% OF AFRICANS DIE AN INJURY RELATED DEATH  
1 IN 13 AFRICAN WOMEN DIE A MATERNAL DEATH

HELP CNIS END UNLUCKY



Canadian Network for  
International Surgery  
[www.cnis.ca](http://www.cnis.ca)



#sharingskills  
#savinglives

CANADIAN NETWORK FOR  
INTERNATIONAL SURGERY

## Structured HERNIA REPAIR INSTRUCTOR'S COURSE

### DATE:

SUNDAY, APRIL 7, 2019  
8:00am - 5:15pm

### INSTRUCTORS:

Dr. Mark Hardy & Dr. Ronald Lett

### LOCATION:

Parker Reception Room, IWK Health Centre  
5890 University Avenue  
Halifax, Nova Scotia B3H 1V7

*This workshop is a pre-requisite for surgeons to become a certified CNIS instructor.*





## STRUCTURED HERNIA REPAIR INSTRUCTOR'S COURSE

The Structured Hernia Repair Instructor's Course presents didactic material, including lectures and interactive teaching sessions, to surgeons who wish to become certified teachers of this course. Participants in the instructor's course will learn how this structured program assures their learners will receive a consistent educational experience.

The learner's course progresses from interactive lectures to surgical simulation, and then continues to clinical instruction with patients. The instructor's course guides the surgeon to learn and practice the lectures, exercises and hands-on-simulations that each learner will use when taking this course. At the end of the workshop, the surgeon will have learned the training skills required to instruct general physicians to successfully perform uncommon procedures.

**COURSE OBJECTIVE:** "To teach surgeons how to train general physicians in the diagnoses triage and the surgical management of inguinal hernias safely."

## COURSE SCHEDULE (8 Credit Hours)

8:00	Registration & Introductions
8:30	Structured Surgical Skills
8:45	Hernia Course Pilot: <i>East &amp; Central African Journal of Surgery</i>
9:00	Implementing the Course: <i>Budget, patient recruitment, facilities, materials, logistics and feeding</i>
9:30	TEA BREAK
10:00	Pre-Test Evaluation of Q&A
10:30	The Hernia Teacher: <i>How to Teach the Hernia Teacher</i>
11:00	Practice Teaching: <i>Review of methodologies &amp; assignments</i>
11:15	Practice Teaching Sessions: <i>1 topic of 10 minutes per participant</i> <ol style="list-style-type: none"><li>1. Introduction and Terminology</li><li>2. Anatomy of the Groin</li><li>3. Hernias of the Groin</li><li>4. Preparation for Surgery</li><li>5. Principles of Surgery</li><li>6. Repair of Groin Hernias</li><li>7. Repair of Groin Hernias</li><li>8. Local Anaesthesia</li></ol>
1:00	LUNCH BREAK
2:00	Practicum I: <i>Knot Tying, Simulated Laparotomy, Simulated Bowel Resection</i>
3:00	Practicum II: <i>Hernia Repair Simulator</i>
4:00	Practicum III: <i>Clinical Implementation</i>
4:30	Evaluations & Certification
5:15	Closure

*\*Schedule subject to update before April 2019*

## REGISTRATION

Online registration available at: [www.cnis.ca](http://www.cnis.ca)

### Physicians/Surgeons:

Regular: \$517.50 | CNIS Members: \$402.50

### Senior Residents in Surgery:

Regular: \$402.50

*This program is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by UBC Division of Continuing Professional Development and Knowledge Translation.*

