



SOCIETY OF RURAL PHYSICIANS OF CANADA  
SOCIÉTÉ DE LA MÉDECINE RURALE DU CANADA



## CPD for ESS/OSS

### Wednesday, January 15<sup>th</sup> – Pre Course (Additional Cost)

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08:00 – 16:00 Surgical Obstetrical Skills for Post Partum Hemorrhage (SOS for PPH)  
The Dreaded Cesarean Hysterectomy - A High Fidelity Simulation Course

### Wednesday, January 15<sup>th</sup>

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18:00 Registration and Meet & Greet

19:00 Dinner and Plenary  
My VBAC with a BMI of 40 won't leave my rural center! What now?  
Who is captain of the ship?  
**Dr. Andrew Kotaska**

### Thursday, January 16<sup>th</sup>

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07:30 **Welcome**  
**Dr. Jan Christilaw**

07:45 Revelstoke Trauma Program  
**Dr. Vikki Haines and Dr. Phil Dawe**

08:15 Does Rural Surgery Make the Cut?  
**Dr. Sean Ebert**

08:40 Simulation: Are we clear with our Objectives?  
**Dr. Neeraj Mehra**

09:10 Pearls for OSS

1. Is That Shoulder Really Stuck? Avoiding Shoulder Dystocia and Preventing Brain Damage  
Two step delivery avoids shoulder dystocia.  
Physiology-based management prevents brain damage.
2. Don't Cut the Cord!

For premies and depressed infants, DCC provides so much more than hemoglobin.

**Dr. Andrew Kotaska**

**10:00 REFRESHMENT BREAK**

10:30 – 12:00 Small Group Discussions

(Participants pick 2 sessions that will run from 10:30-11:10 and 11:20 -12:00)

1. “My Worst Day in the OR” Obstetrics and Gynecology Edition  
(Bring your own cases.)  
**Dr. Joanne Sivertson**
2. It’s a Breech! Keeping Cool, Calm and *Continent*  
If it is coming fast, your job is...  
(Hands on Simulation)  
**Dr. Andrew Kotaska**
3. Can Our Surgery Program Be Better?  
**Dr. Sean Ebert and the QI Nurses from BC’s RSON Program**
4. Simulation: Are we clear with our Objectives?  
**Dr. Neeraj Mehra**

**12:00 LUNCH**

**12:00 OR NURSES NETWORKING LUNCH**

Operating Room Nurses of Canada (ORNAC) – Randi Galenzoski

13:00 “Getting it Right the First Time” – Hernia Surgery and Other Surgical Pearls  
**Dr. Roy Kirkpatrick**

13:30 “What the... Okay, Now What?!” - Less Common Obgyn findings and troubleshooting tips and tricks.  
**Dr. Joanne Sivertson**

14:00 Team SIMS in Your Home OR (ESCAPE)  
**Dr. Bruce McKnight**

**14:30 REFRESHMENT BREAK**

14:45 – 16:30 Small Group Discussions

(Participants pick 2 sessions that will run from 14:45 - 15:30 and 15:40 - 16:30)

1. “My Worst Day in the OR” General Surgery Edition  
(Bring your own cases)  
**Dr. Roy Kirkpatrick**

2. PPH!! Ten Minutes to Avoid Blood Transfusion, Transfer, and Hysterectomy  
(A hands-on simulation workshop.)  
You have 10 golden minutes to prevent a cascade of catch-up.  
Practical tips you won't find in PPH algorithms.  
Practical tips for haemorrhage with ectopics, miscarriage, etc.  
**Dr. Andrew Kotaska**
3. Roles for ESS/OSS in Trauma  
**Dr. Phil Dawe, Dr. Emilie Joos, Dr. Vikki Haines**
4. Team SIMS in YOUR Community  
**Dr. Bruce McKnight**
5. Laparoscopic Tips and Tricks  
**Dr. Neeraj Mehra**

16:30 Closing Remarks

## **Extended Program (Additional Costs)**

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### **Thursday, January 16<sup>th</sup>**

**18:00 – 20:00 Dinner**

“The Role of Family Physicians in Rural Surgery: A Global Perspective”

**Dr. Ryan Falk and Dr. Emilie Joos**

### **Friday, January 17<sup>th</sup>**

**08:00 – 10:00 Breakfast**

“Where Do We Go Next?”

**Panel and Discussion Led by CPD Committee**

**08:00 – 10:00 Breakfast**

Sponsored by College and Association of Registered Nurses of Alberta (CARNA)

**Nurses and Nurse Practitioners of BC (NNPBC) – Michael Sandler Executive Director**

\*Schedule subject to change.