Manual of Rural Practice – The Second Printing

A text for all seasons

The Manual of Rural Practice is written for rural doctors, by rural doctors who understand the context of rural

practice in which we are called upon to do a wide variety of procedures. These can sometimes procedures lifesaving, and occasionally are required in stressful, difficult and isolated conditions. The Manual of Rural Practice provides clear practical directions for 40 rural practice procedures, ranging from rapid sequence intubation to ingrown toenail removal, with more than 320 illustrations. The articles are adapted in part from the "Occasional" series, published regularly in the Canadian Journal of Rural Medicine. The book is divided into 6 sections:

- Airway (e.g., management, laryngeal mask airway)
- Cardiac/Pulmonary (e.g., arterial lines, chest tube insertion, cardioversion)
- Nervous system (e.g., lumbar puncture, Bier block)

- Integument (e.g., extensor tendon repair, fishhook removal, breast cyst aspiration)
 - Musculoskeletal (e.g., Colles' fracture, casting, knee aspiration)
 - Genitourinary/Maternity (e.g., shoulder dystocia, suprapubic catheterization)

The format for each procedure is quick and easy to grasp, starting with an equipment list, step-by-step instructions and ending with a procedure summary. The text is clearly written, and the illustrations are helpful.

This book is especially recommended for both practising rural doctors and rural doctors in training. Every rural hospital and training program should make a copy easily accessible. Rural doctors will also find the equipment lists (there is even an appendix that details part numbers and suppliers) valuable in ensuring that their hospital and clinic procedure rooms have

the required equipment readily available when needed.

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