

# SHARPEN YOUR PENCILS FOR THE MEDICAL STUDENT/RESIDENTS ESSAY CONTEST

Win a Trip and Registration to Rural and Remote 2011  
May 5th - 7th, 2011  
Blue Mountain Resort near Collingwood

Each year the Nominations and Awards Committee hosts a rural essay contest for Canadian medical students and residents. The winners' essays will be considered for publication in the CJRM.

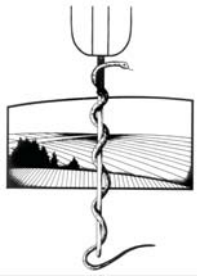
## STUDENTS

Students should submit an essay with a rural elective theme.

The winners will win the equivalent of \$500 (students) or \$1000 (residents) credited towards the cost of attending the 2011 Rural and Remote conference. Eligible costs may include registration, travel to and from the conference, as well as accommodations and social events.

## RESIDENTS

Residents should submit an essay about their rural experience.



Submit your essay to [rrsubmissions@cjrm.net](mailto:rrsubmissions@cjrm.net)

## Rules

Students must be attending a Canadian Medical School  
Residence must be located in Canada  
Deadline for submission is December 31, 2010  
Length: 500 - 1000 words



## SUBMISSIONS OF RURAL RESEARCH AS POSTERS /ORAL PRESENTATIONS

The SRPC Research Committee is organizing a research day at the R&R 2011 Conference at the Blue Mountain Resort near Collingwood Ontario. We would like to invite you to submit proposals for research paper presentations and/or posters.

PAPER PRESENTATION Presentations must include a clear research purpose and objectives, methodology, summary of the research results and conclusion. Up to 12 presentations can be accommodated. Each presentation will be restricted to 10 minutes.

POSTER Poster proposals must include a clear research purpose and objectives, methodology, summary of the research results and conclusion. Up to 12 posters can be accommodated. Posters are restricted to a width of 3 feet and height of 4 feet.

Students and residents will have the opportunity of being awarded the certificate for the best student/resident research for 2011 and winners will win the equivalent of \$500 credited towards the cost of attending the 2012 Rural and Remote conference. Eligible costs may include registration, travel to and from the conference, as well as accommodations and social events.

All abstracts selected for posters and presentations will be posted on the SRPC website. The winner will be considered for publication in the Canadian Journal of Rural Medicine

Please submit your proposal as a Microsoft word file or a PDF to:  
[rrsubmissions@cjrm.net](mailto:rrsubmissions@cjrm.net)  
Deadline for submission is March 6th 2011